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ORAL GLUCOSE TOLERANCE TEST  
MODELLING: PHYSIOLOGICAL PLAUSIBILITY  
AND ROBUST PARAMETER ESTIMATION

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# Oral Glucose Tolerance Test modelling: physiological plausibility and robust parameter estimation.

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# 1 Abstract

Due to the increasing importance of identifying insulin resistance from the Oral Glucose Tolerance Test, a need exists to have a robust mathematical model representing the glucose/insulin control system. Such a model should be simple enough to allow precise estimation of insulin sensitivity on a single patient, yet exhibit stable dynamics and reproduce accepted physiological behavior. The present work introduces a new model for the interpretation of glucose and insulin concentrations observed during an OGTT.

# 2 Introduction

The measurement of insulin sensitivity in humans from a relatively non-invasive test procedure is being felt as a pressing need, heightened in particular by the increase in the social cost of obesity-related dysmetabolic diseases [1-8]. Several methods are available for the estimation of insulin sensitivity, ranging from approximate, widely applicable computations involving fasting insulinemia and glycemia, to complex, labor intensive perturbation procedures like the Euglycemic Hyperinsulinemic Clamp (EHC).

Among perturbation procedures, the Oral Glucose Tolerance Test would seem to excel both for the ease of its performance and for the close similarity to physiological nutrient administration and assimilation. These desirable characteristics, however, are accompanied by the fact that glucose absorption after oral administration is determined to a significant extent by irregular gut absorption. In the framework of a possible mathematical interpretation of the experiment, this introduces additional uncertainty and adds to the number of model parameters which need to be estimated.

Several attempts to the mathematical modelling of the OGTT already in fact exist in the literature, showing however different shortcomings.

The goal of the present work is to describe a relatively simple mathematical model of the OGTT, discuss the characteristics which differentiate it from existing contributions, and show that these characteristics determine in fact a good performance of the model in simultaneously assessing tissue insulin sensitivity and pancreatic glucose sensitivity.

## 2.1 The Model

$$\frac{dS}{dt} = -V_{jsmax} \frac{S}{K_m + S} \quad (1)$$

$$\frac{dJ}{dt} = V_{jsmax} \frac{S}{K_m + S} - k_{gj} J \quad (2)$$

$$\frac{dG}{dt} = -k_{xgi} I G + k_g + f k_{gj} \frac{J}{V} \quad (3)$$

$$\frac{dI}{dt} = -k_{xi} I + k_{ig} G^\gamma + k_{ij} \frac{J}{V} \quad (4)$$

with initial conditions

$$S(0) = D, J(0) = 0, G(0) = G_b, I(0) = I_b$$

## 3 Results

### 3.1 Subject 1

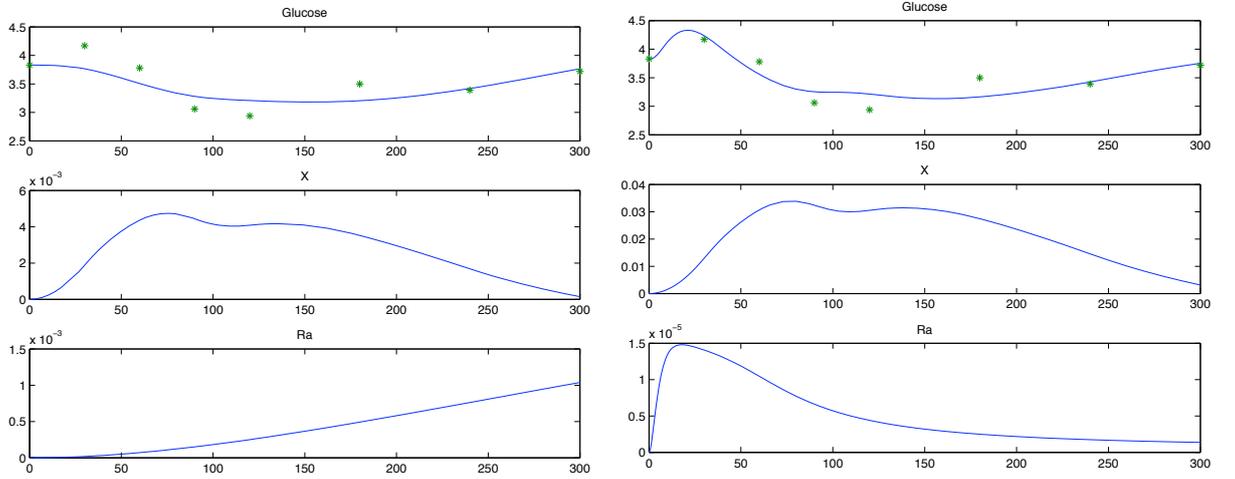


Figure 1: Subject 1 fittings with DallaMan 2006, model 1 (above) and DallaMan 2006, model 2 (below). Top figures: glucose data (stars) and fitting. Middle figures:  $X$  compartment predictions. Bottom figures:  $R_a$  compartment predictions.

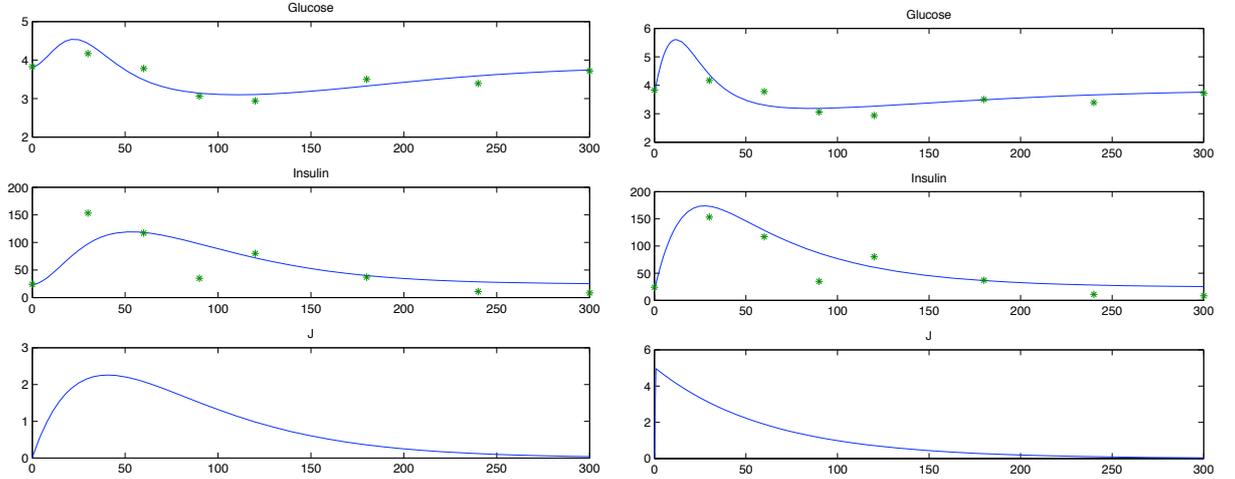


Figure 2: Subject 1 fittings with our model 3, model 3 version 2 (above) and model 3 version 3 (below). Top figures: glucose data (stars) and fitting. Middle figures: insulin data (stars) and predictions. Bottom figures:  $J$  compartment predictions.

Model	BIC	Parameters									
DallaMan,1	1828	$p_1$	$p_2$	$p_3$	$k_{21}$	$k_{abs}$	$\sigma$				
parameters		0.0167	0.0117	0.0000	0.0026	0.0017	0.2358				
SE		0.0020	0.0020	-	-	-	-				
DallaMan,2	2790	$p_1$	$p_2$	$p_3$	$k_{empt}$	$k_{min}$	$k_{max}$	$b$	$c$	$k_{abs}$	$\sigma$
parameters		0.1127	0.0101	0.0000	0.0044	0.0004	0.2785	0.8021	0.1930	0.4776	0.1914
SE		0.0004	0.0117	-	0.0007	0.0007	0.0000	0.0000	0.0446	0.0427	0.0001
Model 3.2	61.31	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$k_{js}$	$\sigma_G$	$\sigma_I$		
parameters		0.0697	0.0007	1.4558	0.4441	0.0158	0.0326	0.0284	0.2482		
SE		-	-	-	-	-	-	0.0042	-		
Model 3.3	65.38	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$V_{jsmax}$	$K_m$	$\sigma_G$	$\sigma_I$	
parameters		0.0611	0.0006	0.7472	0.3072	0.0123	29.941	10.0740	0.0454	0.1845	
SE		0.0016	0.0003	-	-	0.0061	0.0068	0.0000	0.0502	0.0402	

Table 1: Subject 1, estimated parameters and BIC

### 3.2 Subject 2

Model	BIC	Parameters									
Dalla Man, 1 parameters	253.14	$p_1$	$p_2$	$p_3$	$k_{21}$	$k_{abs}$	$\sigma$				
SE		0.0048	0.0013	0.0000	0.0052	0.0047	0.7564				
		0.0027	0.0004	0.0000	0.0000	0.0000	0.0028				
DallaMan, 2 parameters	201.19	$p_1$	$p_2$	$p_3$	$k_{empt}$	$k_{min}$	$k_{max}$	$b$	$c$	$k_{abs}$	$\sigma$
SE		12437	0.0000	0.0000	0.0000	0.0001	0.3553	0.9308	0.1178	0.3700	0.8871
		-	-	-	-	-	-	-	-	-	-
Model 3.2 parameters	72.79	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$k_{js}$	$\sigma_G$	$\sigma_I$		
SE		0.0997	0.0007	1.8420	0.3806	0.0130	0.0503	0.6476	0.1272		
		0.0657	0.0004	0.5090	0.1870	0.0094	0.0842	0.6305	0.1419		
Model 3.3 parameters	86.20	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$V_{jsmax}$	$K_m$	$\sigma_G$	$\sigma_I$	
SE		0.2442	0.0000	1.0463	0.2756	0.0001	11.6004	40.2607	0.7304	0.3086	
		-	0.0000	0.0239	0.0000	-	0.0000	0.0000	-	-	

Table 2: Subject 2, estimated parameters and BIC

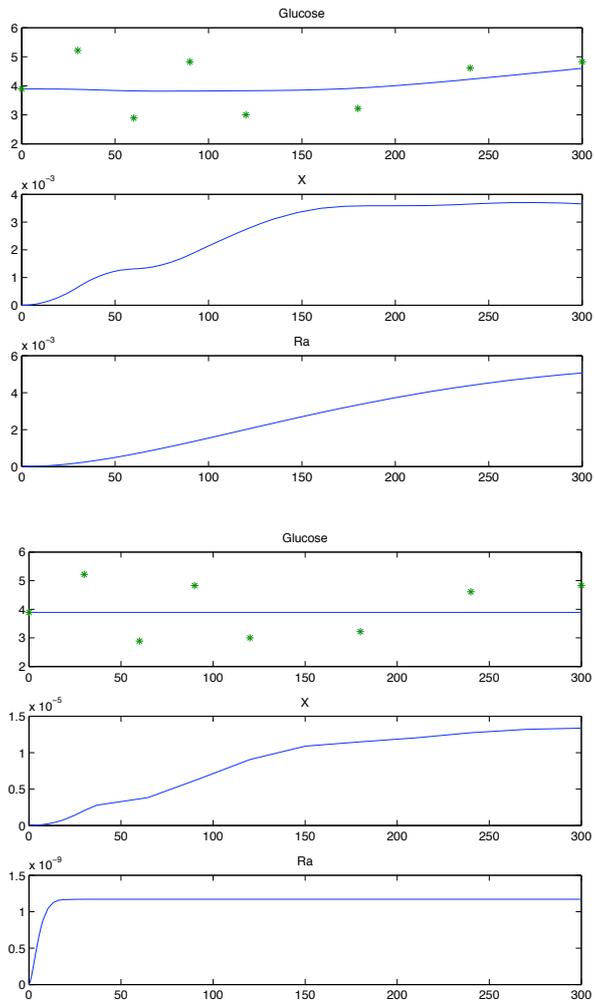


Figure 3: Subject 2 fittings with DallaMan 2006, model 1 (above) and DallaMan 2006, model 2 (below). Top figures: glucose data (stars) and fitting. Middle figures:  $X$  compartment predictions. Bottom figures:  $R_a$  compartment predictions.

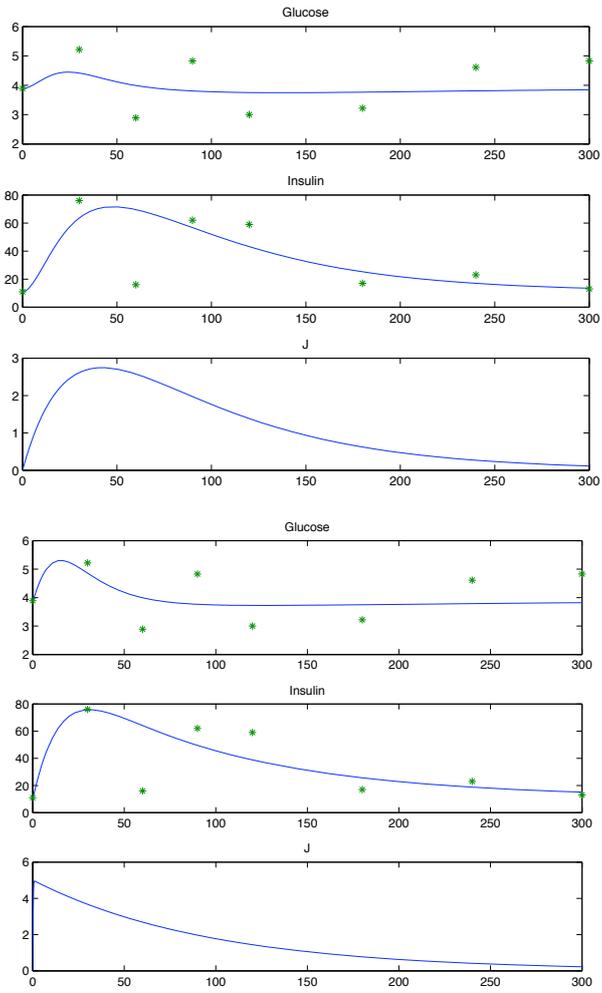


Figure 4: Subject 2 fittings with our model 3, model 3 version 2 (above) and model 3 version 3 (below). Top figures: glucose data (stars) and fitting. Middle figures: insulin data (stars) and predictions. Bottom figures:  $J$  compartment predictions.

### 3.3 Subject 3

Model	BIC	Parameters									
Dalla Man, 1	211.67	$p_1$	$p_2$	$p_3$	$k_{21}$	$k_{abs}$	$\sigma$				
parameters		0.0067	0.0184	0.0000	0.0013	0.0054	1.0762				
SE		-	-	-	0.0001	-	-				
DallaMan, 2	970.56	$p_1$	$p_2$	$p_3$	$k_{empt}$	$k_{min}$	$k_{max}$	$b$	$c$	$k_{abs}$	$\sigma$
parameters		0.0384	0.4714	0.0001	0.0196	0.0012	0.1277	0.7640	0.1361	0.3468	0.4863
SE		0.0038	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0038	0.0000	0.0001
Model 3.2	66.62	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$k_{js}$	$\sigma_G$	$\sigma_I$		
parameters		0.0405	0.0004	3.1834	0.8358	0.0688	0.0180	0.2342	0.1222		
SE		0.0206	0.0002	0.2784	0.2815	0.0498	0.0078	0.2347	0.1381		
Model 3.3	74.22	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$V_{jsmax}$	$K_m$	$\sigma_G$	$\sigma_I$	
parameters		0.0576	0.0003	1.3126	0.5177	0.0200	31.7096	60.1044	0.2886	0.1605	
SE		-	0.0090	0.0001	-	0.0139	0.0025	0.0000	0.0025	-	

Table 3: Subject 3, estimated parameters and BIC

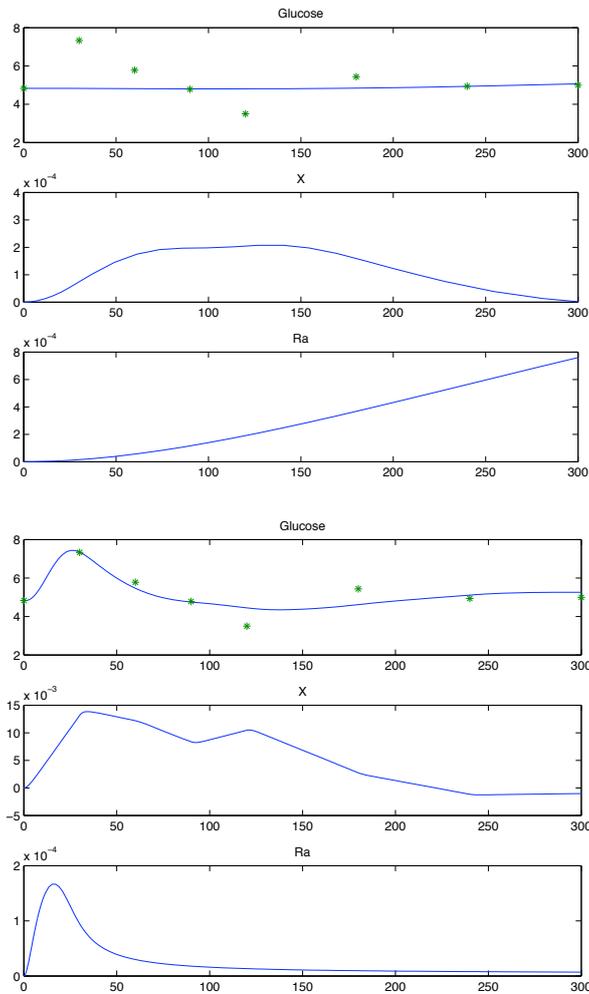


Figure 5: Subject 3 fittings with DallaMan 2006, model 1 (above) and DallaMan 2006, model 2 (below). Top figures: glucose data (stars) and fitting. Middle figures:  $X$  compartment predictions. Bottom figures:  $R_a$  compartment predictions.

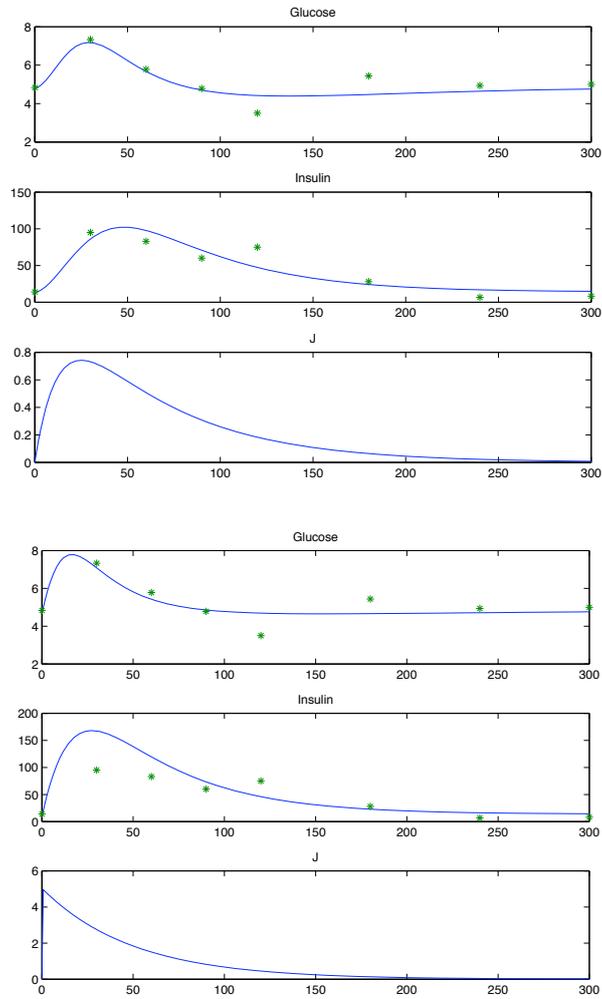


Figure 6: Subject 3 fittings with our model 3, model 3 version 2 (above) and model 3 version 3 (below). Top figures: glucose data (stars) and fitting. Middle figures: insulin data (stars) and predictions. Bottom figures:  $J$  compartment predictions.

### 3.4 Subject 4

Model	BIC	Parameters									
Dalla Man, 1 parameters	201.12	$p_1$	$p_2$	$p_3$	$k_{21}$	$k_{abs}$	$\sigma$				
SE		0.0839 0.0036	0.0000 0.0265	0.0000 -	0.0785 -	0.0786 -	1.1968 0.0033				
DallaMan, 2 parameters	233.44	$p_1$	$p_2$	$p_3$	$k_{empt}$	$k_{min}$	$k_{max}$	$b$	$c$	$k_{abs}$	$\sigma$
SE		0.0157 -	0.0428 0.0086	0.0000 -	0.0136 0.0001	0.0011 0.0093	0.2475 0.0626	0.7036 0.0628	0.1428 0.3196	0.4626 0.3323	1.1308 -
Model 3.2 parameters	381	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$k_{js}$	$\sigma_G$	$\sigma_I$		
SE		0.0000 0.0064	0.0000 0.0000	1.6692 -	0.0802 0.0789	0.0000 0.0015	- -	0.0000 4.1705	1.3461 2.0803		
Model 3.3 parameters	136.53	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$V_{jsmax}$	$K_m$	$\sigma_G$	$\sigma_I$	
SE		0.0316 0.0132	0.0001 0.0000	1.7910 0.0894	0.4964 0.0543	0.0152 0.0036	10.158 0.0008	20.0238 -	1.9029 -	0.2609 -	

Table 4: Subject 4, estimated parameters and BIC

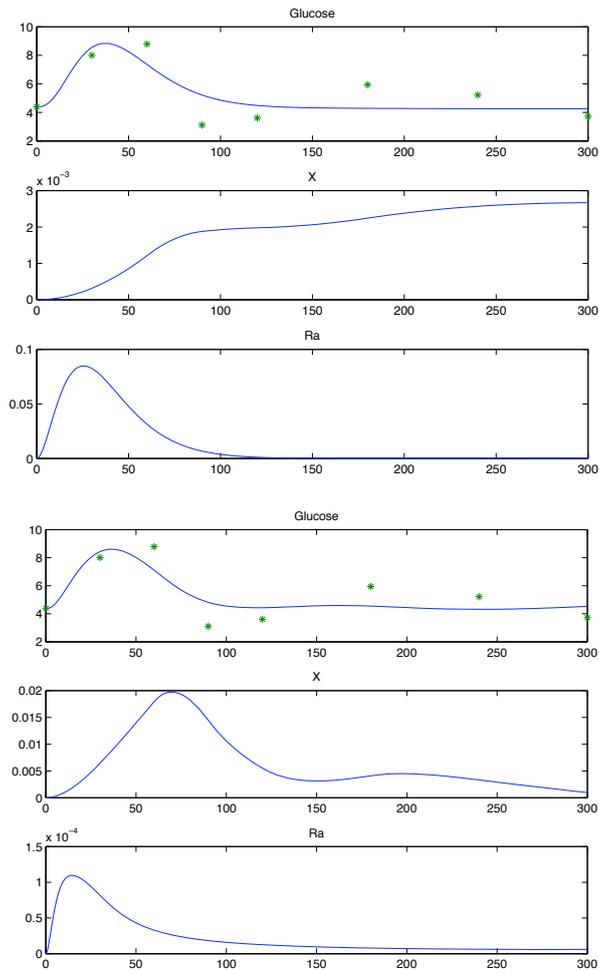


Figure 7: Subject 4 fittings with DallaMan 2006, model 1 (above) and DallaMan 2006, model 2 (below). Top figures: glucose data (stars) and fitting. Middle figures:  $X$  compartment predictions. Bottom figures:  $R_a$  compartment predictions.

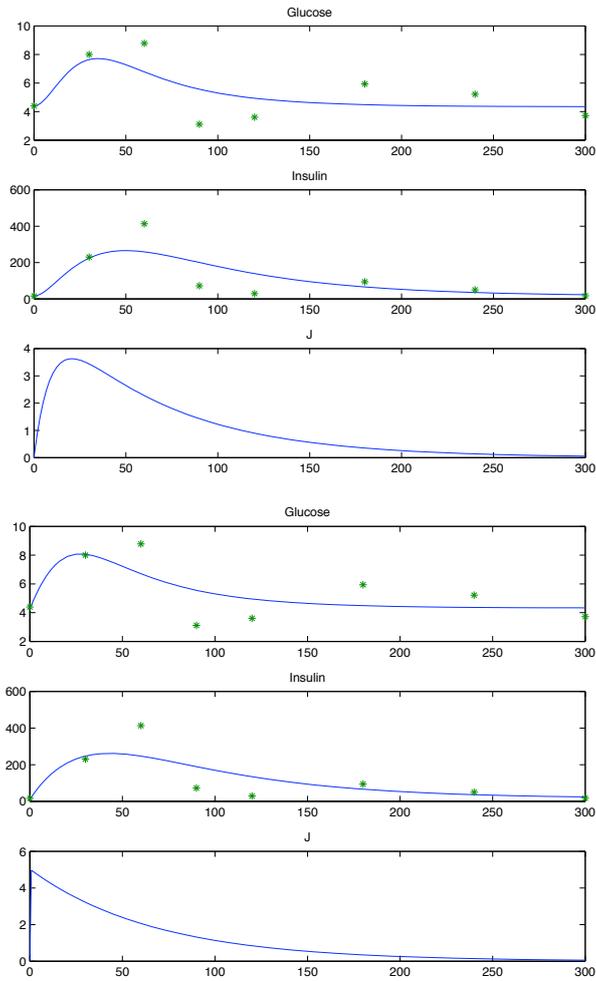


Figure 8: Subject 4 fittings with our model 3, model 3 version 2 (above) and model 3 version 3 (below). Top figures: glucose data (stars) and fitting. Middle figures: insulin data (stars) and predictions. Bottom figures:  $J$  compartment predictions.

### 3.5 Subject 5

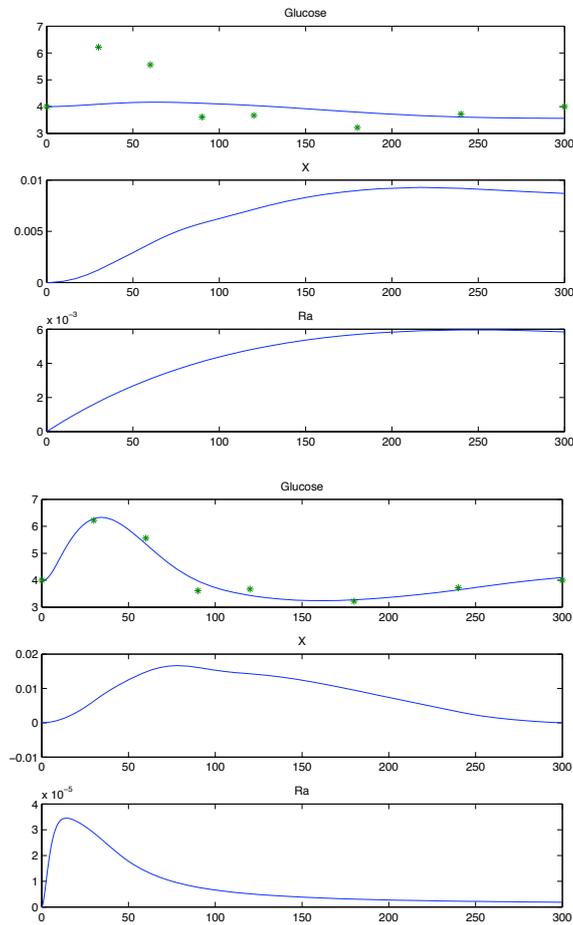


Figure 9: Subject 5 fittings with DallaMan 2006, model 1 (above) and DallaMan 2006, model 2 (below). Top figures: glucose data (stars) and fitting. Middle figures:  $X$  compartment predictions. Bottom figures:  $R_a$  compartment predictions.

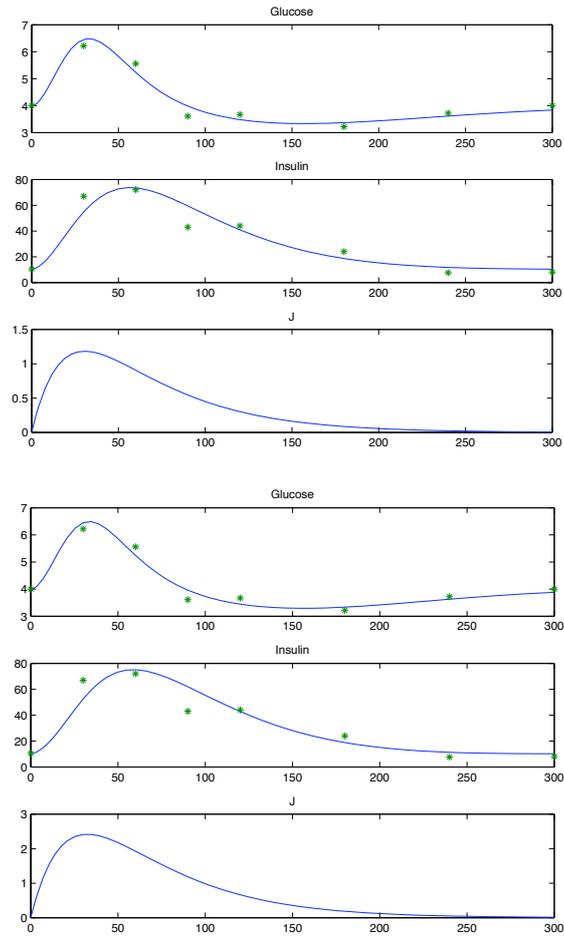


Figure 10: Subject 5 fittings with our model 3, model 3 version 2 (above) and model 3 version 3 (below). Top figures: glucose data (stars) and fitting. Middle figures: insulin data (stars) and predictions. Bottom figures:  $J$  compartment predictions.

Model	BIC	Parameters									
Dalla Man, 1 parameters	180.81	$p_1$	$p_2$	$p_3$	$k_{21}$	$k_{abs}$	$\sigma$				
SE		0.0002	0.0005	0.0000	0.0040	472.987	0.9614				
		-	-	-	0	-	-				
DallaMan, 2 parameters	4539	$p_1$	$p_2$	$p_3$	$k_{empt}$	$k_{min}$	$k_{max}$	$b$	$c$	$k_{abs}$	$\sigma$
SE		0.0285	0.0245	0.0000	0.0081	0.0006	0.3345	0.7791	0.1611	0.4623	0.1835
		-	0.0015	-	0.0000	-	0.0444	-	-	0.0441	-
Model 3.2 parameters	85.72	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$k_{js}$	$\sigma_G$	$\sigma_I$		
SE		2.3597	0.0000	2.7874	2.6247	0.0000	-	1.0388	0.3233		
		0.0007	-	0.0123	0.7298	-	0.0944	0.6647	0.3509		
Model 3.3 parameters	49.35	$k_{xi}$	$k_{xgi}$	$\gamma$	$k_{is}$	$k_{gj}$	$V_{jsmax}$	$K_m$	$\sigma_G$	$\sigma_I$	
SE		0.0502	0.0005	1.9181	0.3882	0.0267	0.1095	0.0027	0.0279	0.2900	
		0.0028	-	0.0113	0.0020	0.0023	-	-	-	0.0242	

Table 5: Subject 5, estimated parameters and BIC

Table 6: Model parameters

Parameters	Units	Description
$t$	$min$	time
$G_b$	$mM$	Glucose plasma concentration immediately before glucose injection
$I_b$	$pM$	Insulin basal level
$V_g$	$L/Kgbw$	Glucose distribution volume
$D$	$mM$	Dose of glucose injected
$\gamma$		
$k_{js}$		Glucose transfer rate from stomach to jejunum
$k_{gj}$		Glucose transfer rate from jejunum to available glucose compartment
$k_{is}$		Insulin entry contribution from stomach
$k_{ij}$		Insulin entry contribution from jejunum
$k_{xgi}$	$min^{-1}/pM$	Glucose elimination rate, insulin dependent
$k_g$	$mM/min$	Spontaneous glucose production by the liver ( $k_g = k_{xgi}I_bG_b$ )
$k_{xi}$	$min^{-1}$	Insulin elimination rate, insulin dependent
$k_{ig}$	$min^{-1}$	Insulin entry rate, glucose dependent ( $k_{ig} = I_bk_{xi}$ )